



Advanced Adult Weight Management Dietitian Job description

MEND (Mind, Exercise, Nutrition...Do it!) is a social enterprise dedicated to reducing overweight and obesity levels. MEND exists to create solutions that work by empowering people. Our work is underpinned by behaviour change and driven by our belief in innovation, partnership and social action. We work in a way that is upbeat, empathetic, and backed by expertise.

We aim to inspire behaviour change at the level of individual, family and community through our community-based weight management and health and wellness programmes, training and resources. Devised by experts from Great Ormond Street Hospital for Children and University College London Institute of Child Health, our successful child obesity prevention and treatment programmes are currently offered to families by health providers and grant funders. MEND also offers class room resources, obesity management training for front-line staff and the More Active Health Programme for adults - a facilitated self-help programme to encourage healthy lifestyles.

Thanks to support from our partners in the private, public and not-for-profit sectors, 1,000 MEND Programmes take place each year. To date MEND has helped over 17,500 families from diverse backgrounds become fitter, healthier and happier. MEND also has international operations in the USA, Australia, New Zealand and Denmark. To find out more go to www.mendcentral.org

- We develop innovative and effective programmes to address the lifestyle behaviours that lead to obesity
- We provide comprehensive support and resources to support implementation of our programmes in local communities globally
- We offer long-term support to graduates of our programmes to ensure sustainable lifestyle changes
- We continuously improve by harnessing feedback from leaders, families, research and government guidelines
- We use data and learning's from the field to influence the health agenda at multiple levels

The opportunity

We're looking for an Advanced Dietitian in Adult Weight Management to join the innovative Programme Development team at MEND.

You will be responsible for the clinical development of MEND's adult weight management interventions. Including writing and creating the resources for both group and 1 to 1 based programmes that can be adapted and rolled out in a variety of different settings e.g. the Health and Fitness industry, NHS Primary Care Trusts and the workplace (Workplace Wellness).



Working with the MEND Adults Team and leading from a clinical perspective, one of your key responsibilities will be to use your advanced knowledge base and skills set in the treatment and prevention of obesity to help MEND develop and implement novel approaches to tackle adult overweight and obesity.

Responsibilities:

Your duties will entail but will not be limited to the following:

- Working closely within MEND's multidisciplinary team of dietitians, nutritionists, psychologists and physical activity experts to design and develop evidence-based adult weight management interventions that can be delivered at a national (and international) scale.
- Develop and deliver group-based training for a wide range of health, fitness and education professionals.
- Ensure that interventions and initiatives are aligned to government healthy eating and activity guidance and UK clinical obesity guidelines (e.g. NICE and SIGN).
- Work closely with the Research team to conduct ongoing evaluations of MEND's adult weight management interventions.
- Consolidate and utilise feedback from MEND's Project Steering Groups comprising of leading experts from specialist areas of weight management such as pregnancy, physical activity, diabetes, psychology and nutrition.
- Working in cross-team project groups at MEND alongside colleagues from the operations, logistics, research, media and communications and partnership development teams.
- Contribute actively to the continuous improvement process at MEND by leading on improving the content of programmes following their evaluation as well as emerging research, new government guidelines and feedback from programme facilitators and participants.
- Provide clinical supervision and support to junior members of the Research and Programme Development Team, facilitating their CPD.
- Provide direct line-management to 1 to 2 junior programme developers

Location

You will be based at our London office:

Unit 21, Tower Workshops

58 Riley Road

London SE1 3DG

(Nearest underground stations are London Bridge and Tower Hill)

Reporting

You will report into Lead Programme Developer.

Pay and benefits

Dependent on experience salary will be equivalent to NHS Band 7 (£36,552 - £46,374 inclusive of London allowance)

You will be entitled to an annual leave allowance of 24 days excluding public holidays



How to apply

Please send your CV with an accompanying statement detailing how you meet the requirements for the role to careers@mendcentral.org. Please be sure to cover all elements of the personal specification in your statement. All applications must be received by 23rd August 2010. We regret that due to limited resources we are only able to respond to candidates who have been selected for interview.

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PERSON SPECIFICATION

	Essential	Desirable
Education/Qualifications	<ul style="list-style-type: none"> • Masters or Honours Degree in Human Nutrition and Dietetics. • HPC Registration • Behavioural Change Skills (Levels 1, 2 & 3) • Member of the BDA 	<ul style="list-style-type: none"> • domuk Management of obesity training courses • Masters or post-graduate study in weight management • Member of relevant specialist interest group of the BDA e.g. DMEG or UK Heart Health and Thoracic Dietitians
Experience	<ul style="list-style-type: none"> • At least 4 years work experience post registration • Advanced weight management experience using integrated behavioural approaches • Experience working in the community • Experience working with groups of adults • Experience training groups of health care professionals • Designing and implementing health initiatives 	<ul style="list-style-type: none"> • Experience of working in the voluntary & public sector • Experience of the healthcare, leisure industries, teaching or the private sector would be an asset • Delivered or assisted on a MEND Programme • Experience working with editors, writers and designers to produce professional resources
Skills and ability	<ul style="list-style-type: none"> • Applied behaviour change and patient education skills • Advanced clinical reasoning skills • Excellent written and oral communication skills • Project management skills • Attention to detail • Effective organisational skills with proven ability to multi-task and manage multiple priorities / projects simultaneously and to prescribed deadlines • Ability to work as a member of a multidisciplinary team and to work alone 	<ul style="list-style-type: none"> • Basic research and evaluation skills • Line management

	<ul style="list-style-type: none"> • Clinical supervision skills and experience in supporting staff and their development needs • IT literate, with solid working knowledge of MS Word, Excel, PowerPoint and Outlook 	
Knowledge and understanding	<ul style="list-style-type: none"> • Knowledge of government nutrition, physical activity and obesity guidance and policy • Advanced knowledge of obesity management and the clinical evidence base • An understanding of the barriers and challenges relating to implementing large scale initiatives to tackle adult obesity 	<ul style="list-style-type: none"> • Knowledge of public sector agencies and public policy in relation to health and fitness • Knowledge of MEND's family programmes or More Active Health • Understanding of data management systems
Personal attributes	<ul style="list-style-type: none"> • High levels of enthusiasm • Flexible, adaptive and creative • Self-motivated • Able to work under pressure • Able to organise complex information 	
Other requirements		<ul style="list-style-type: none"> • Need to be able to work flexible hours • You should be able to travel and spend occasional nights away from home